## Scout Mountain Ultras 100 mile Service Requirement Certification

Scout Mountain Ultras has a service requirement for all starters of the 100 mile race. This can be satisfied by performing eight hours of work in one or a combination of the following:

- 1. organization of an ultra
- 2. service at an ultra (e.g. working an aid station)
- 3. work on a trail used by an ultra.
- 4. service work for an environmental non-profit (e.g. Idaho Conservation League)

Note that generic trail work is not acceptable - it must be a trail on which an ultra is run, and must be coordinated with the Race Director of that ultra. Pacing another runner at an ultra does not count. The environmental work must be dedicated to a specific project or issue, just filling out survey's or other forms of clicktivism do not count. The window for performing this work begins immediately following the previous year's race and must be turned in 10 days prior. It must be signed by the Race Director of the ultra which you supported or the contact of the environmental group. Runners who have not turned in their form will be removed from the start list, and their slot will be given to someone on the wait list!

This form should be scanned and emailed to Luke Nelson, scoutmountainultras@gmail.com Alternately, you can mail a hardcopy of the signed form to: Scout Mountain Ultras			
		2382 N Apple Lane	
		Pocatello, ID 83204	
I certify that	performed at least eight hours of		
service in support of the	on the date of		
Description of work performed:			
Race/Event Director name:			
Race/Event Director signature:			
Race/Event Director phone #:	email address:		